

TCM solutions for better well-being

Celebrity is delighted that LingZhi Cracked Spores has provided improvements in her health

■ CONTRIBUTED BY CHARLENE WONG

TRADITIONAL Chinese Medicine, also known as TCM, has been the essence of living in the Orient since Chinese ancient times. For over 4,000 years, TCM philosophy which is rooted in the meticulous observation of nature, the cosmos and the human body, still predominates the way of living in modern times.

Today, more people are seeking the efficacies of TCM to improve their overall well-being.

More people looking towards TCM for solutions

To meet the growing demands of TCM products and services, more TCM providers are emerging from the market to introduce Chinese herbology products into our daily diet and lifestyle.

Among them is Ren Xin Tang, the sister company of Beijing 101 Hair Consultants. With over 35 years of experience and success in fighting hair loss using TCM philosophy and an advocate to the efficacies of Chinese herbology, it is an intuitive move and a natural progression for BEIJING 101 to extend the herbal treatments in its hair care to a more holistic spectrum such as health care. As such, BEIJING 101 Hair Consultants is proud to have Ren Xin Tang, to run alongside its philosophy.

Ascribed to the highest ethical

Chinese herbology has become part of modern lifestyle.

Advertising Feature

standards and professional practices, the community can look forward to an array of premium-grade herbal supplements and TCM services, such as acupuncture, cupping and tui na massages from its Practitioners at Ren Xin Tang TCM Clinics.

Xiang Yun, a TCM supporter since young age

Ren Xin Tang's Spokesperson and MediaCorp Artiste, Xiang Yun, is an advocate to TCM. Her TCM knowledge has been passed down from her mother to her and she hopes that she will be able to extend the heritage to her children's generation after generation.

Through the influence of her mother, Xiang Yun has understood and believed in the efficacies of TCM at a young age, "In the long run, one can feel the effects of TCM on the internal level in terms of supporting the immune system, vitality and foundation to good health."

"I have seen the effects in myself. I will continue to make it (TCM) part of my lifestyle."

Xiang Yun on the efficacies of TCM



Xiang Yun has played a vital role in taking care of the health of her family, just like how her mother had taken care of her.

She said, "I feel that a woman as a wife and mother, plays a very important role to pass down the knowledge and usage of TCM, where it has been the essence of Asian living. It is an Asia Heritage."

Ren Xin Tang LingZhi Cracked Spores Powder Capsules

This October, Ren Xin Tang marks its inauguration with LingZhi Cracked Spores Powder Capsules. LingZhi Cracked Spores is a health supplement that helps to maintain vitality, support the immune system, improve metabolism and blood circulation, aid in sleep quality, fatigue and weakness, help in the recuperation after the recovery of illness and is suitable for improving overall body wellness.

"I used to take a lot of health supplements and vitamins over the years. Ever since I took Ren Xin Tang LingZhi Cracked Spores, I begin to feel the apparent improvements in my health."

Xiang Yun on the benefits of taking Ren Xin Tang LingZhi Cracked Spores



Ren Xin Tang Cracked Spores are extracted using high-tech process.

What is LingZhi Cracked Spores?

When LingZhi matures, it releases spores during reproduction. These are very rare and precious natural supplements as they contain nutrients, proteins and other beneficial microelements.

To achieve the highest yield of active ingredients, Ren Xin Tang LingZhi Cracked Spores are extracted in a high-tech process by breaking the spores' shells completely.

As this process preserves the beneficial qualities of LingZhi Cracked Spores, they are absorbed into the human body for optimum results.

Promotion:
2 boxes
of Lingzhi at
\$171.80
(U.P. \$179.80)
MAHS 0900505

(60 capsules per box)

Available at selected healthcare outlets:

For more information on LingZhi Cracked Spores, please contact
Hotline: 6-8850-606

TCM Clinics: Blk 263 Hougang St 21 #01-51
Blk 135 Jurong East St 13 #02-315